## Gluten Free Menu

Grilled Asparagus, Poached Egg \& Hollandaise Sauce on Gluten Free Toast $£ 6.00$

Sautéed Garlic Mushrooms \& Spinach on Toasted Focaccia, Roast Cherry Tomatoes \& Pesto Dressing $£ 6.00$

Crab \& Avocado Salad, Lemon \& Black Pepper Dressing $£ 7.50$
Chicken Liver Parfait, Gluten Free Toast, Apricot Chutney $£ 6.50$
Smoked Salmon, Sun Blushed Tomato \& Spring Onion Pasta $£ 8.00$ / $£ 13.00$

Antipasto: Cured Ham, Chorizo, Salami, Sun-Blushed Tomatoes \& Olives served with Bread \& Rocket $£ 8.00$ / $£ 13.00$

Pea \& Ham Risotto $£ 8.00 / £ 13.00$

## Chargrilled Steaks

All served with a Whole Roasted Tomato, Salad, as well a choice of
Chunky Chips or Skinny Fries

| Surf \& Turf Skewers | $£ 18.00$ |
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| 8oz Fillet Steak | $£ 23.00$ |
| 8oz Sirloin Steak | $£ 18.00$ |
| 16oz T-Bone Steak | $£ 21.00$ |

10 oz Gammon (served with egg or pineapple) $£ 15.00$
Pork Escalope marinated with Citrus \& Rosemary, Feta Mash, Wilted Spinach \& Roast Cherry Tomatoes $£ 15.00$

Whole Roasted Poussin, Garlic \& Rosemary, Roast Root Vegetables \& Parmentier potatoes $£ 14.00$

Grilled Cod Fillet, Chunky Chips, Peas \& Tartar Sauce $£ 15.00$

Fillet of Beef Stroganoff, Basmati \& Wild Rice $£ 15.00$

Poached Salmon Salad A crispy Cos Lettuce salad with Cherry tomatoes, New potatoes, Green Beans, Red onion, Cucumber \& Honey \& Mustard dressing. $£ 15.00$

Seafood Skewers Served with Mediterranean Salad, Roast New Potatoes $£ 14.00$

Please state to your server that you are ordering from this menu

